May 2012

28 April - 1 May: Four Southern Provinces

4 Province Road Ride. Distance: 555km. Location: Phatthalung, Trang, Satun, and Songkhla provinces. Hosted by the Tourism Authority of Songkhla. www.songkhlatourism.org OR www.songkhlatourism.org OR www.facebook.com/tathatyai Contact: 074-243-747, 075-215-867. Songkhla Bicycle Club contact: 086-489-2500, 081-609-4865. Phatthalung Bicycle Club contact: 089-870-5249. Trang Bicycle Club contact: 085-879-3680, 084-507-2826. Satun Bicycle Club contact: 089-658-3778, 083-195-5619.

28 April - 2 May: Bangkok and Central Thailand

<u>Tour of Friendship 2012</u>. International 5-stage road race in Thailand. <u>Visit the Tour of Friendship 2012</u> FaceBook page. Follow our reports of this race here.

5 - 7 Saturday thru Monday : Phayao

Thai Cycling for Health Association (TCHA) trip. Cycling and donating bicycles in Phayao province. Cycling distance: approximately 220km. Fees: 2,200THB for TCHA member, 2,400THB for non-member. Payments due before April 20th, 2012. <u>Download pdf document with trip details here.</u> How to join TCHA cycling trip article here.

6 - Sunday: Surat Thani (Koh Samui)

<u>The 2nd Samui Mountain Bike Race.</u> Distance: 5km loop of singletrack through coconut plantations (racers will do several loops depending on their category). Location: Behind <u>Ban Don Hospital, Koh Samui, Surat Thani</u> province. Start time: 8:00am. Register before the race at start location. Categories: 25 categories grouped by age, gender, weight, and skill level. More info: call or contact <u>Samui Bicycle Cafe</u> 086-479-3500.

6 - Sunday : Chonburi (Pattaya)

Pattaya Mountain Bike Challenge 2012. Location: Khao Pratamnak, Mueang Pattaya, Amphoe Banglamung, Chonburi province. Presented by Pattaya Bikes Club in cooperation with Pattaya municipality. Downhill competition and Cross-country (XC) competition. Start time: 9:00am. More information: call 081-315-5773 (Manote Nongyai) or 086-146-0146 (Khun Supoj). This event has been moved from April 28-29.

6 - Sunday : Phrae

MTB/Road Sealed Road Ride #1. Distance: 70-90km. Location: Ramkhamhaeng University, Pa Maet, Mueang Phrae, Phrae province. Fee: 300THB. Categories: Road A, B, and OPEN. MTB A, B, Age groups, and OPEN. Prizes/Awards: Cash prizes and trophies for 1st through 5th place in each category. Register on morning of event at same location. Contact: 086-506-2906.

13 - Sunday: Bangkok

<u>Thai Cycling for Health Association (TCHA) trip.</u> Repairing bicycles for 'Recycle Bicycle Project.' Location: <u>Thammasart University</u>, <u>Rangsit Campus</u>. Between Building B1 and B2. <u>Download .pdf document with trip details here</u>.

17 - Thursday: Bangkok

Acute Injury and Chronic Injury Workshop at Bike Zone. Location: Bike Zone at Amarin Plaza, 2nd Floor Outdoor Unlimited, Ploenchit Road, Bangkok. Chidlom BTS (E1). This FREE workshop will be at 6:30pm (1830). View the workshop flyer/poster here. To reserve your spot or to get more details please contact Bike Zone at info@bikezone.co.th or call 02-652-1559.

19 - 20 Saturday and Sunday: Chiang Mai

Downhill Mountain Biking Skills Course. Location: Chiang Mai Thailand. Hosted by BicycleThailand.com and X-Biking Chiang Mai. Book your spot on this exclusive skills course trip to Southeast Asia's premier Downhill Mountain biking destination. Participants will arrive in Chiang Mai on Friday May 18th, enjoy 2 full days of downhill instruction and practice on the various trail runs at Doi Suthep before returning home with a new found confidence from an adventurous and educational weekend of riding. Details, pricing, inquiry and booking form can be found here.

20 - Sunday : Bangkok

<u>Thai Cycling for Health Association (TCHA) trip.</u> Bicycle trip to Wat Trimitr and Dusit Zoo. Start location: New TCHA office on top of soi Banthadthong 34, Banthadthong Road, Bangkok. <u>Download .pdf document with trip details here</u>.

20 - Sunday : Nakhon Si Thammarat

The Pak Phanang - Talumphuk Cape Challenge. Distance: 70km loop. Location: CK Resort, Amphoe Pak Phanang, Nakhon Si Thammarat province. Start time: 10:00am. Register early at any bike shop in Nakhon Si Thammarat province ar at I-Sport on Omkai Road for 350 baht. Or register on the day of race for 500 baht, 1,000 baht for VIP category. Categories: several categories grouped by age, gender, and skill level. There will be a dinner on Saturday the 19th from 17:00-19:00 at CK Resort. Breakfast and lunch on Saturday the 20th are included. ALL bicycle types are welcome to race in this event. More info: call 080-123-4088 or 084-558-5833.

24 - Thursday: Bangkok

<u>Preventing Injuries Workshop at Bike Zone.</u> Location: Bike Zone at Amarin Plaza, 2nd Floor Outdoor Unlimited, Ploenchit Road, Bangkok. Chidlom BTS (E1). This FREE workshop will be at 6:30pm (1830). <u>View the workshop flyer/poster here</u>. To reserve your spot or to get more details please contact Bike Zone at info@bikezone.co.th or call 02-652-1559.

26 – Saturday : Chiang Mai

<u>Velodrome Training Session.</u> Location: <u>Chiang Mai provincial 700th Anniversary Stadium, Tambon Don Kaeo, Amphoe Mae Rim, Chiang Mai province</u>. Start time: 8:00am. Fee: 100thb member, 200thb non-member. Track bikes are available for use. For

more information about the velodrome, training sessions, and to reserve a track bike contact Ian Franklin at ianfranklin@rocketmail.com

26 - 27 Saturday and Sunday: Chonburi

<u>Bangkok Hash House Bikers (BHHB).</u> Location: Si Racha, Khao Kheow in Chonburi province. Visit the <u>Bangkok Hash House Bikers website</u> for more details about this fun filled weekend of mountain biking.

27 - Sunday: Bangkok

<u>Bike Mart at Sixty Fixy.</u> Street market to buy and sell bikes, parts, accessories. Majority of items are Road and Fixed Gear. Hosted by Sixty Fixy. <u>FaceBook page of Sixty Fixy</u>. Location: <u>Sukhumvit soi 31 at Sixty Fixy</u>.

27 - Sunday : Samut Prakan

<u>Thai Cycling for Health Association (TCHA) trip.</u> 70km Bicycle trip to paddle a kayak in Phra Pradaeng. Download .pdf document with trip details here.

27 - Sunday: Rayong

<u>Asian Cup Series Duathlon & Triathlon - Rayong.</u> Location: Ban Phe, Amphoe Mueang Rayong, Rayong province.

27 - Sunday : Songkhla

Hat Yai MTB Jamboree 2012. Brought to you by Thai Track Zone.

29 - Tuesday: Phetchaburi

<u>Hua Cha Hash Pedalers.</u> Distance: 30-35km. Location: <u>Chom Pol and Klong Road Intersection, Amphoe Cha-am, Phetchaburi province</u>. Start time: 8:00am. Visit the <u>Hua Cha Hash Pedalers website</u> for more details about this day of off-road fun.

[TOP]