October

2 - Sunday: Ayuthaya to Bangkok

Ride For Rainbow Charity Cycle Ride (3rd edition). THIS RIDE HAS BEEN POSTPONED TO NOVEMBER 6th DUE TO FLOODING IN THE AYUTHAYA AREA. Ayuthaya to Bangkok charity bicycle ride – 69km. Free Jersey, transport to Ayuthaya (from Don Muang or Amarin), lunch, logistical and medical support. Minimum fundraising goal is 5,000THB in order to participate. Bicycle rental available. Register at Bike Zone in Amarin Plaza or contact Gordon Montgomery at gordon_m@harrowschool.ac.th (Tel. 0897866003).

2 - Sunday : Suphan Buri

<u>Yuttha Hatthi MTB Ride.</u> Race begins in front of King Naresuan Monument, Amphoe Don Chedi, Suphan Buri province. Distance: 50km. Start time: 9:00am. Categories: VIP (racers) and fun rider. Contact Tel. 086-797-5797 and 081-848-9872.

2 - Sunday: Rayong

<u>'Wing Kwai'</u> Buffalo Race Festival 2011. Race start point: Ban Pluak Daeng, Amphoe Pluak Daeng, Rayong province. Distance: 22-36km. Start time: 8:00am. Categories: 19 different groups by age, gender, and rider weight (80kg+). Contact Tel. 038-659-246 and 081-636-1899.

8 - 9 Saturday and Sunday: Ratchaburi

Cycling trip to admire nature. Thai Cycling for Health Association (TCHA) would like to invite everyone to join a cycling trip to Suan Phueng, Ratchaburi. Depart Bangkok by coach bus at 6:00am on Saturday, October 8. Camping on Saturday night. Bring your tent! Total cycling distance for 2 days: approximately 80kms. Fee: 990THB (TCHA member), 1,200THB (non-member). Download .pdf document with trip details here.

9 - Sunday : Bangkok

Nine Temples Ride. Suanthon Gold City Cycling Club, Fuji Bicycle, and the Thai Cycling for Health Association (TCHA) would like to invite everyone to join a bicycle trip to visit 9 temples. Distance: approximately 60-80kms. Free lunch provided. No fee to participate. Download .pdf document with trip details here.

9 - Sunday: Chonburi

PRC Mounatin Bike Soft Challenge 2011. Bang Lamung, Chonburi, Thailand. Location: RC car race track area in Naung Hin Soi 5, Amphoe Bang Lamung, Chonburi Province. Distance: 5.5-27.5km. Start: 8:00am. Categories: 18 different groups by age, gender, and rider weight (85kg+). Registration opens on 28 September. Contact Tel. 081-426-8374, 080-099-6008, 089-250-8725.

9 - Sunday : Chiang Mai

Ban Fon Mountain Bike. Location: Wat Ban Fon, Amhoe Hang Dong, Chiang Mai province. Distance: 20km. Start: 7:00am. Categories: 27 different groups by age, gender, and rider weight (85kg+). Contact Tel. 089-853-7877 and 083-208-1667.

16 - Sunday: Khon Kaen

<u>Tour de Pongneep.</u> Location: Ubon Ratana Dam, Khon Kaen province. Distance: 180km (around the reservoir of Ubon Ratana Dam). Start: 7:00am. Categories: 14 different groups by age, gender, and bicycle type (road and mountain bike). Contact Tel. 081-871-6537.

16 - Sunday: Bangkok

<u>Bangkok Dash Crazy Pre Phuket Race.</u> Swim 800m, bike 40k, run 10k. Bangpoo Golf and Country Club, Samut Prakarn. More info, sign up here – http://web.me.com/tbond/Bangkok Dash/Home.html

17 - 23 Monday thru Sunday: Langkawi Malaysia

Langkawi International Mountain Bike Challenge 2011

Join the biggest Mountain Bike race in Asia! The Langkawi International Mountain Bike Challenge 2011

is a 5-day stage race (Oct. 17-22). REGISTRATION HAS BEEN EXTENDED UNTIL THE LAST DAY OF

SEPTEMBER. This race and its associated Jamboree ride (Oct. 23) is limited to the first 1.000 entries.

More details at – www.mtbmalaysia.com

21 – 24 Friday thru Monday : Phuket

<u>Ironguides Tri Training Camp</u>

22 - 26 Saturday thru Wednesday: Bangkok to Phitsanulok

<u>Katin trip to Chattrakarn.</u> Thai Cycling for Health Association (TCHA) and Sahapie Engineering Co., Ltd. would like to invite everyone to join katin trip. The purpose is to contribute towards construction of a multi-purpose hall of Charoenrad Sattha Temple (Kok Pak Wan House of Monk). <u>Download .pdf document with trip details here</u>.

22 - 24 Saturday thru Monday: Chiang Mai

Masters Tour of Chiang Mai

The Masters Tour of Chiang Mai CMRU 2011. Chiang Mai, Thailand. 3 Day Stage Race sponsored by Chiang Mai Rajabhat University (CMRU). (7:30am 22 Oct) Stage 1 – Rolling start from Huay Tung Tao venue. Road race, 85km. (7:30am 23 Oct) Stage 2 – Rolling start from Huay Tung Tao venue to Rajabhat University. Road race, 17 km + circuit race, 50km (10 laps of 5km course). (7:30am 24 Oct) Stage 3- Start at Chiangmai Night Safari, rolling start 3 km, road race 80 km. Trophies and prizes being awarded to 1-5 place winners in five different categories: Under 18, Open, 30-39yrs, 40-49yrs, and 50+yrs. Transport and accommodation by own teams. Entry fee: 1,500THB. Register

online before October 10, 2011. Registration open September 20th. For more details contact Khun Tum at Spin Bike in Chiang Mai (081-655-8451).

23 - Sunday : Sa Kaeo

<u>Chai Koen Roi Bicycle Competition.</u> Location: Directly behind Watthana Nakhon district office, Amphoe Watthana Nakhon, Sa Kaeo province. Distance: 66km. Start: 9:00am. Categories: Riders will be grouped by gender and bicycle type (road and mountain bike). Contact Tel. 084-784-9703, 086-147-3606, 081-762-9557.

23 - Sunday: Nakhon Phanom

MTB for Health Ride. Location: Thailand side of the 3rd Thai-Laos Friendship Bridge, Nakhon Phanom province. Distance: 7-24km. Start: 11:00am. Categories: 21 groups by age, gender, and rider weight (85kg+). Contact Tel. 081-670-1145.

26 - 30 Wednesday thru Sunday: Phuket

Ironguides Tri Training Camp

29 - Saturday: Nakhon Ratchasima

<u>Krating Wang Nam Kheao Mountain Bike.</u> Location: Baan Bu Chao Khun School, Wang Nam Kheao, Nakhon Ratchasima province. Distance: 7.5-37.5km. Start: 10:00am. Categories: 28 groups by age and gender. Contact Tel. 081-700-0784, 086-402-8001, 080-627-4255.

30 - Sunday: Bangkok

Recycle Bicycle Project. Thai Cycling for Health Association (TCHA) would like to invite everyone to join in repairing old and donated bicycles. These recycled and repaired bicycles will be given to Thai students in Nan province. No fee to participate. Bring any bicycle tools and parts that you can lend to the project. Download .pdf document with trip details here.

30 – Sunday : Phang Nga

<u>Charity bike ride to benefit Koh Yao Children's Community Center.</u> Distance: 30km. <u>Read all about this event here.</u>

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